

1 John: Walking in the Light

1 John 1:5-10



God calls us to walk in the light.

- **What it Is and Isn't**
- **Why To Do It**
- **Tools for Walking in the Light**

What it Is

- Aiming to live upright and moral lives
 - Treating one another properly is a key ingredient to fellowship with one another
 - Truth isn't just something to know or believe, it's something to live
 - If you're a Christian, it matters how you live

What it Isn't

- Sinless perfection
 - John says the belief that anyone can be free of sin in this life is false
 - Part of spiritual maturity is learning to take responsibility for our own actions rather than blaming others or circumstances
 - Claiming to be sinless cuts us off from relationships with God and one another

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What it Is

- Being open and honest about our sins and struggles AND seeking to fight them
 - “Confess” in v. 9 parallels “say” in v. 8 and 10, so the confession is spoken to the people around us
 - Who can you trust with your sin and struggles?
 - Confession is for the sake of fighting sin

Why to Do It

- Because God is light, and in Him there is no darkness at all
- God is morally perfect, and He reveals to us who He is
- If God is our Father, He calls us to have a family resemblance to Him

Tools For the Journey

- The blood of Christ
 - The definitive proof that our sin doesn't have the last word for us
- The church
 - Gives shared relationships so we know we're not alone as we follow God
 - Gives shared responsibility of investing in one another spiritually and helping one another grow

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