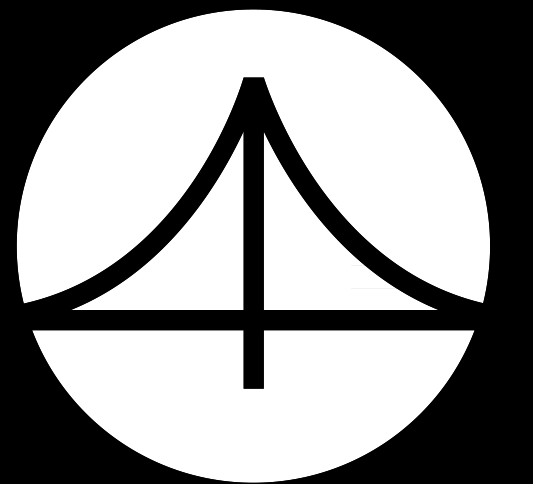


Beatitudes: Those Who Mourn

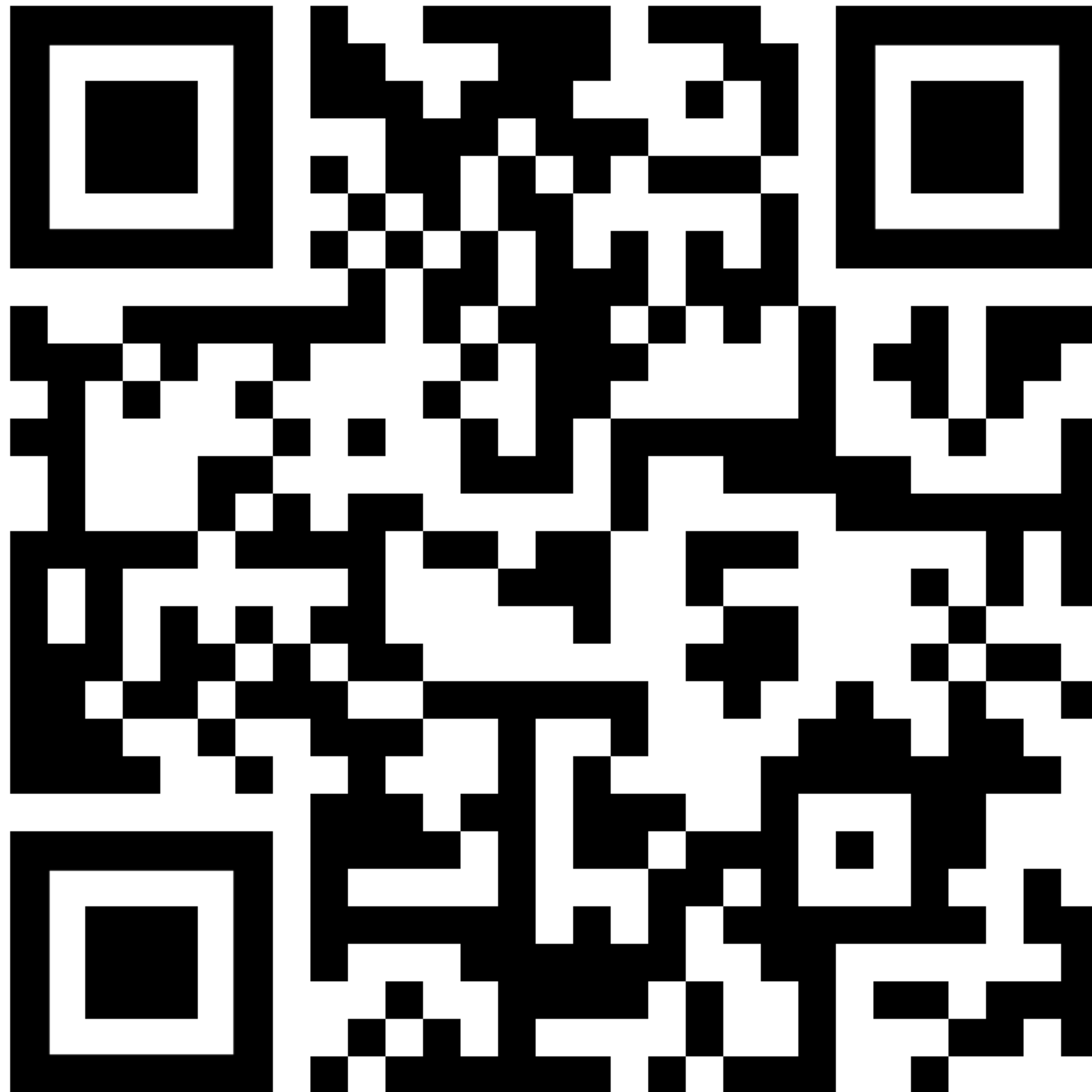
Matthew 5:4



**Blessed are those who mourn, for they
shall be comforted.**

- **Why We Don't Mourn**
- **The Meaning of Mourning**
- **Learning to Mourn**

**Sermon
Questions?**



Why We Don't Mourn

- 3 reasons we tend to avoid mourning:
 1. Pursuit of happiness as main approach to life
 2. Stoicism: Life is hard, so deal with it and don't show emotion
 3. Cynicism: Life is hard, and then you die, so there's no point in crying
- They all have power because they contain elements of truth, but it's partial truth

Matthew 5:4

The Meaning of Mourning

- There is a wrong type of mourning that is rebelling against God, and Jesus isn't referring to that mourning
- What Jesus calls us to mourn:
 1. Our own sin
 2. The sin of others
 3. The effects of sin

Matthew 5:4

“The saddest thing in life is not a sorrowing heart, but a heart that is incapable of grief over sin, for it is without grace. Without poverty of spirit no one enters the kingdom of God. Likewise, without its emotional counterpart—grief over sin—no one receives the comfort of forgiveness and salvation.”

– Kent Hughes

Learning to Mourn

- The key: believe the promise that those who mourn will be comforted
- What is the comfort?
 1. Reassurance here and now that your sins are forgiven
 2. One day, God will make all things new and wipe away every tear from our eyes

Matthew 5:4

**Sermon
Questions?**

