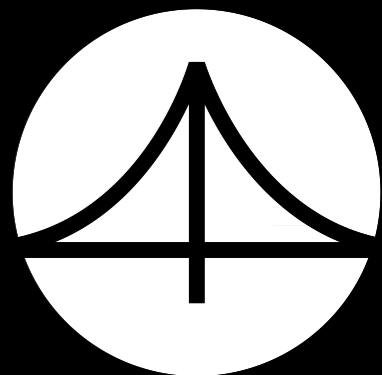


Abide: Prayer

Hebrews 4:14-16



**“Prayer is the conversation where your
life and your God meet.”**

– David Powlison

**Since Jesus is our
advocate, we can come to
God with confidence**

- 1. Jesus Our Advocate**
- 2. Coming with Confidence**
- 3. God's Response**

Jesus Our Advocate

Why I struggle to pray:

- I'm busy and distracted
- I don't feel like God hears me
- I feel like I need to get myself sorted out before I can pray
- I don't feel like God cares

Heb. 4:14-16

Since then we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. - Heb. 4:14

- Jesus is a great high priest
- Jesus is *OUR* great high priest
- Jesus has passed through the heavens
- Jesus is fully human
- Jesus is fully God

For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. - Heb. 4:15

- Jesus is able to sympathize with our weaknesses

**“Real prayer comes not from gritting
our teeth but from falling in love.”**

– Richard Foster

Coming with Confidence

- Confidence - Freedom of Speech
- God wants us to come to Him with confidence

Coming with Confidence

- How do we get there?
 1. Remind ourselves of the facts
 2. Go together to the throne

God's Response

- He welcomes us
- He gives mercy and grace to help in time of need
- He gives us the tools we need to complete the mission He's given us

“Feel free to stop and pray now. It’s okay if your mind wanders or your prayers get interrupted. Don’t be embarrassed by how needy your heart is and how much it needs to cry out for grace. Just start praying. Remember, the point of Christianity isn’t to learn a lot of truths so you don’t need God anymore. We don’t learn God in the abstract. We are drawn into his life.”

– Paul Miller